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# Shut Up & Sk8: Roller Derby 101





### Synopsis

"Shut Up & Sk8: Roller Derby 101" is an overview of the sport of roller derby. From the history of the sport to maintaining gear, this book is perfect for those interested in trying out, volunteering for a league, or those who just want to learn more about roller derby. Everyone will enjoy this ebook, from fans to fresh meat and even veteran skaters.

#### **Book Information**

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#### Customer Reviews

Bruisie Q had a lot of good info on Derby. However some of it was repeated several times. Good book for Fresh Meat (derby term) to read.

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